

Storage Tips

Running out of space in your fridge?

Did you know you can use this poly box as additional chilled storage space?

It's as easy as 1,2,3...

- 1) Simply re-freeze the ice packs that are supplied with your delivery.
- 2) Add your own ice or freezer blocks if you want to.
- 3) Remember to close the lid tightly to keep the contents nicely chilled.

MERRY CHRISTMAS FROM ROOKS



IMPORTANT: If you are using this poly box as chilled storage, do not store it near any heat source such as fires, radiators or in direct sunlight.

DISPOSAL: This poly box can be recycled at many local recycling centres.

Alternatively why not try the following! -

- 1) Keep it for when you defrost your freezer
 - 2) Grow root vegetables in it next year
 - 3) Break it up and use as drainage in plant pots
 - 4) Use it as a homemade hedgehog house
- (see www.wildlifewatch.org.uk)

Rooks
Fine Kentish Foods